

MERIDA 2017
24 HOUR
HIDDEN VALE

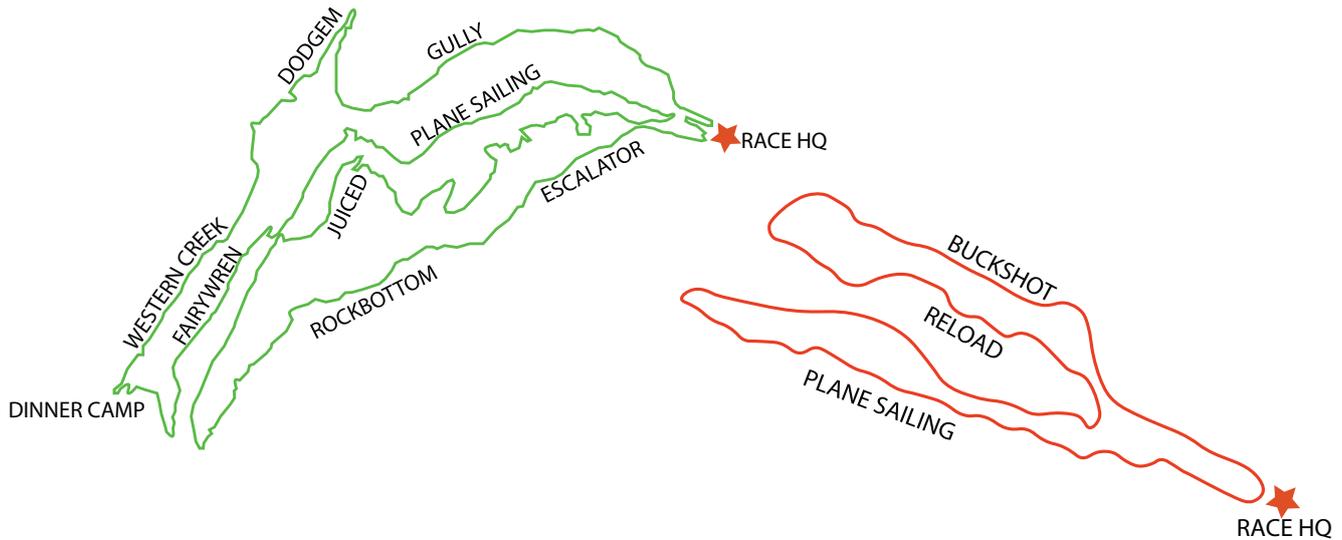
Merida HV24HR Event Program
8-9 April 2017





Course Map

24HR & 4HR 24MIN KIDS



SOLO, TEAM & KIDS RIDE FORMATS

MERIDA HV24HR & 4HR Solo:

If you have entered in the MERIDA HV24HR as a solo entrant, you will be completing as many laps as you want/ are able/can do within the 24hr timeframe. There are no minimum or maximum laps.

MERIDA HV24HR Teams of 2, 4 and 6:

If you have entered the MERIDA HV24HR as a team of two, four or six you will be racing as a 'Relay Team'. Only one rider from the team may be out on track at a time. Transition may take place anywhere in pitlane, but riders must make sure that they do not cut the course short and continue along the designated race course, including the Pit Lane ride through.

*BONUS TRANSITION: Unique to the MERIDA HV24HR, Teams can transition at the end of Plane Sailing, approximately 8.5km into the course.

4hr Duo Challenge Teams:

If you have entered the 4hr as a Duo Challenge (Male, Female, Mixed or Snr/Jnr), you will be riding the course together. Team members need to stay within 100m of each other throughout the course.

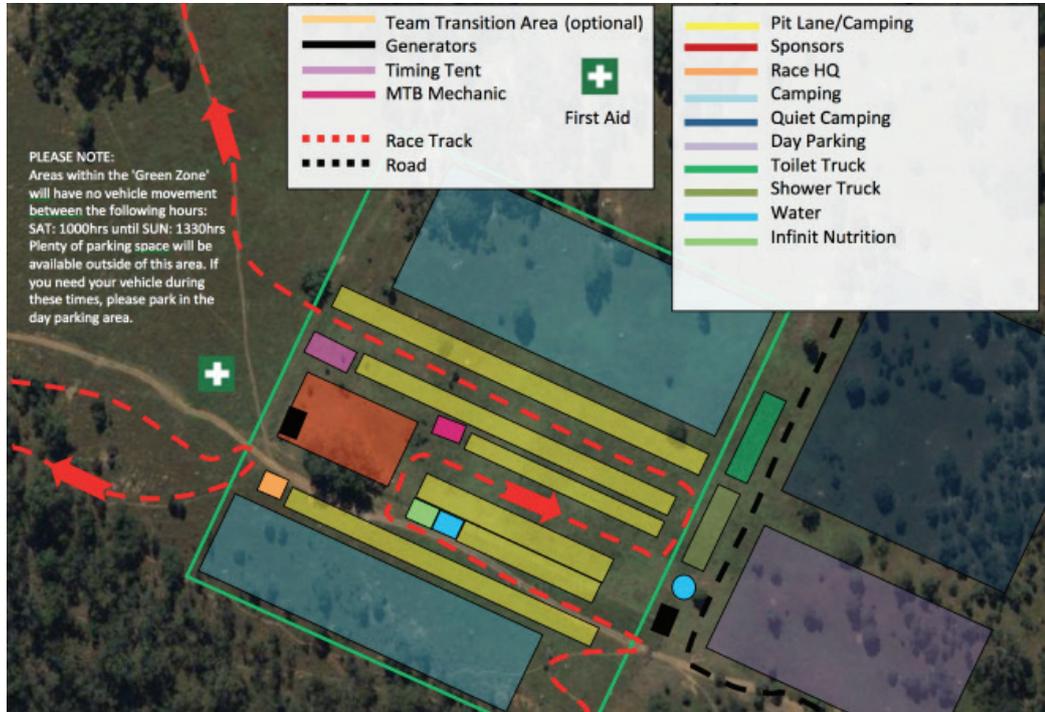
Kids 24min:

If you have entered yourself or your child in a kids event, you/they will be completing as many laps as you want/ are able/can do within the 24min timeframe. There are no minimum or maximum laps.

Parents are welcome to ride with their children as long as no un-needed assistance is given and they keep out of the path of other child riders.

There will also be an on-day bonus category for all Balance Bike riders! Balance Bike riders will complete one lap of the Kids 24min course.

Race HQ



Event Schedule

FRIDAY 7 APRIL

- 1300: Camping Ground Opens
- 1400: Selected HVAP MTB Trails Open to ride/run*
- *Please do not disturb bunting or event signage
- 1400: Registration Opens
- 1730: Registration Closes

SATURDAY 8 APRIL

- 07:00: Registrations Open
- 07:00: Track Open for Practice
- 08:00: Coffee Available
- 10:00: Car Movement is Restricted within Pit Lane Areas
- 10:20: Kids 24min Race Briefing
- 10:30: Kids 24min Race Start**
- 11:15: Kids Presentations
- 11:15: Registration Closes
- 11:40: 24hr and 4hr Race Briefing
- 12:00: 24hr and 4hr Race Start**
- 16:00: 4hr Race Finish
- 17:45: 4hr Presentations
- 18:00: Kids Activities Close

SUNDAY 9 APRIL

- 07:00: Kids Activities Re-Open
- 07:30: Easter Egg Hunt around Race HQ
- 12:00: 24hr Race Finish
- 12:45: Last Riders Return
- 14:00: Presentations

Rider Brief

MERIDA HV24HR LOCATION:

Hidden Vale Adventure Park, Spicers Hidden Vale, 617 Grandchester Mount Mort Rd, Grandchester.

CAMPING:

Camping is available on the Friday and Saturday nights. Camping areas are accessed via the car park and camping spots will be on a 'First In, First Served' basis. You may set up camp within the Yellow Pit Lane Area if you confine your belongings to the 3x6m dimensions, and you have ideally set up prior to 10am on Saturday (Pit Lane vehicle access will be closed due to racing from 10am onwards). Light Blue zones have easy access to the central event hub. Dark blue zones are 'Quiet Camping' only and consideration needs to be given to this if you wish to camp in this area. If you wish to camp but have not yet paid, please see attendant or registration team to arrange payment.

FIRES

There will be a communal fire inside the main race HQ area. Personal fires are permitted if the following conditions are met. A small brazier (raised off the ground) will be suitable. BYO wood. We ask that no fires are lit in the pit-lane area and that any ashes/coins are emptied in the main fire-pit area.

GENERATORS

Yes, generators of a 'silent' variety (eg Honda Inverter). Please be respectful of your neighbours when running your generator. Use is discouraged between the hours of 10pm and 6am in the quiet camping areas (please refer to the Race HQ map).

PETS

Hidden Vale is a nature refuge and koala sanctuary, so there is a strict NO DOMESTIC PETS allowed on the property.

TOILETS AND SHOWERS

Real Toilets and Showers, serviced and maintained by operator. Toilets consist of 5 men's individual cubicles with 28 foot urinal and 10 ladies individual cubicles. Showers consist of 9 ladies and 9 men's individual cubicles for privacy with unlimited gas heated hot water, hand basins and mirrors. Just Loo's Toilets and Showers available Friday, Saturday, and Sunday.

We have 20 000L of water, and once it is gone - it is gone.

Please ensure all taps are turned off after use.

Please be considerate to other campers and riders and keep your showers short and sweet.

RUBBISH

As a Nature Refuge, it is important that we all ensure that the event hub, pit lane, camping and tracks remain rubbish free. We do not have many rubbish bins available, however, we do have large rubbish skips for you to take your accumulated rubbish to. Everyone is responsible for their own rubbish.

SPICERS POOL ACCESS

Your camping and race fee does not include the use of the Spicers Resort Pool.

There will be NO pool access for anyone other than paying Spicers Hidden Vale retreat guests. Please DO NOT use the Spicers Pools unless you are a paying guest in one of the resort rooms. This is out of fairness to those Spicers guests who have paid to stay at the resort for the weekend who may, or may not, be event related.

NIGHT TIME NOISE

We have designated a 'Quiet' camping area for those who wish to get a goodnight's sleep away from the night's festivities. Out of courtesy for those who will be making use of this camping option, please keep noise to a minimum within this area.

CAR PARKING:

Please enter via the delivery driveway at Spicers Hidden Vale and follow all parking marshals directions.

Area within the 'green zone' will have restricted access, and there will be no vehicle movement allowed during events. If you wish to set up within this zone, please ensure you arrive either Friday or early Saturday morning as vehicle movement will be restricted from Saturday 1000hrs (of course, you are welcome to walk your belongings to your camp site).

CHARGE STATION:

Limited power points available - please bring own power board. All lights left in the charge station should be named and labelled. Please note that Bike Lights will take charging priority over other personal devices (ie Mobs and Tablets).

AMENITIES:

Toilets will be available for campers, competitors and spectators. Showers will be available for campers and competitors. Please note that limited water will be available.

Rider Brief

FOOD AND DRINKS:

Jungle bean coffee van will be serving up our favourite caffeine fuelled beverages, as well as delicious non-caf-feinated drinks for those who are already full of beans!

Roam'In Pizza will be available from lunch time Saturday onwards with a range of pizzas. High Class Burgers will have their full menu available. A range of cold drinks and water will also be for sale. We will also be welcoming 'Potato Swirls' to the 2017 Merida HV24HR!

Infinet Nutrition will be set up and ready to fuel and refuel riders as they come past Race HQ.

EFTPOS is not available, so make sure you bring cash on the day to keep yourself full and hydrated!

WATER ON COURSE:

There will be 1 water point at 8km and 16km (at the race HQ).

Please ensure you plan for and bring enough water with you to last through your event, so that the water on course is for your back up only.

MECHANIC:

Our MTB mechanic, Sheryl, will be on site and ready to lend a hand.

CATEGORIES:

The age for age-based categories is the rider's age on 31st December, 2016. A competitor can only enter one category in the race. A competitor cannot change entry category once the race has started.

THE COURSE:

The course will be marked by arrows, signs and bunting. Riders must follow the course and it is the sole responsibility of the competitor to stay on the course. A competitor who leaves the course for any reason must return to that same point on the course to resume the race.

RACE & SAFETY BRIEFING:

A race & safety briefing will be held at Race HQ at 1020hrs for the 24min Kids, and 1140hrs for the 24hr & 4hr. Please ensure you are present for your event briefing - whether you are competing solo or in a team - as important and up-to-date information and safety messages for your event will be covered during this time.

EMERGENCY CONTACTS:

As the event courses are quite large and spread out, if you are carrying a mobile phone with you, please add in the following numbers for the Race Directors in case of emergency - Hayden Brooks 0414 343 579 | Fleur Brooks 0421 992 022

RACE OFFICIALS AND MARSHALS:

Riders and support crew/non-competitors must obey the directions of race officials and marshals at all times.

MERIDA HV24HR EVENT RULES:

The race organisers reserve the right to change any rules and regulations at any time to provide fair and safe riding conditions. Any changes to rules and regulations will be announced at a race briefing prior to race start.

SUN SAFETY:

With perfect weather forecast for the weekend, please ensure that you are well prepared to keep yourself sun safe throughout your event and across the day.

Remember to be "SunSmart" by: 1. Wearing sun protective clothing where possible 2. Applying, and re-applying SPF 30+ Sunscreen 3. Wearing a hat 4. Finding and staying in the shade where possible 5. Wearing sunglasses (just as important for children as it is for adults!).

DRINK UP!:

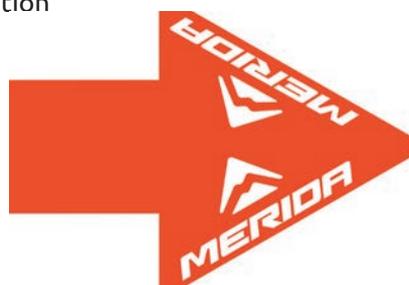
Try to bring enough water with you to keep suitably hydrated across the full event day - allowing for extra water consumption if competing in events. Limited water and Infinet Nutrition will be available both on course and at Race Base if needed. Drinks will also be available for purchase from Race Base HQ.

COURSE MARKINGS:

GREEN ARROWS: MERIDA HV24HR 24hr and 4hr

RED ARROWS: Kids 24min

DOUBLE DOWN ARROWS: Exercise Caution



Rider Brief

MERIDA HIDDEN VALE 24HR RULES

The Race Organisers reserve the right to change any rules and regulations at any time to provide fair and safe riding conditions. Any changes to rules and regulations will be announced at a race briefing prior to race start.

RACE OFFICIALS AND MARSHALLS

Riders and support crew/non-riders must obey the directions of Race Officials and Marshalls at all times.

RACE START

Saturday 8 April, 2017 - Kids 24min race start is 1030 hrs, MERIDA HV24HR race start is 1200 hrs and 4hr race start is 1200 hrs. Riders will all start together at the sound of the hooter.

RACE FINISH

The race finish for kids race is 24min from the official start time. The race finish for 4hr race for all categories is 4hrs from the official start time. The race finish for the 24hr race for all categories is 24hrs from the official start time. At that point, the exit of pit lane will be closed and no more riders will be allowed to commence a new lap. Any rider who completes 1 lap will appear in the results as a finisher. A lap which is started before the race finish time has elapsed, and is completed after will be counted towards the rider's results.

CATEGORIES

The age for age-based categories is the rider's age on 8 April 2017. A rider can only enter one category in the race. A rider cannot change entry category once the race has started.

RESULTS

Within each category, the rider who has completed the most laps is the winner. For riders on the same number of laps, the rider who has completed them in the shortest total race time will receive the higher placing. Progress results will be published at regular intervals throughout the race. Provisional final results will be published at 1245 on Sunday. Final results will be published at 1315 hrs.

Results are timed electronically using the Race Result Timing System and Transponders by Timing Results. Lap times and Results are live as soon as a rider crosses over the timing mat.

Please contact Fleur Brooks at fleur@timingresults.com.au with any queries.

PODIUM PRESENTATIONS

The presentations and awards for all categories will be held on Sunday at 1330 hrs. Podium riders must be present in order to receive their prizes. The presentations and awards for the 4HR (Saturday Only Race) will be held on Saturday at 1745 hrs.

BIKES AND EQUIPMENT

You are allowed to use any number of spare/replacement bikes in the race. Solo riders will be provided with 2 copies of their race numbers at registration. Bike changes can only be made in the pit lane area. A rider cannot exchange bikes with another rider while on the course. Single Speed category riders are not permitted to have a different gear ratio on their spare bike.

HELMETS

International Standards approved bicycle helmets must be worn at all times while riding a bike during competition and practice.

ATTACHING YOUR BIKE NUMBER PLATE

Attach your bike number to the front of your bike using at least 3 ties, securely fastening it to the handle bar and ensuring that can be easily seen from the front. Your number should be in front of the brake cables and not wrapped around any part of the bike. The number cannot be altered, obscured, cut or de-faced. Solo riders will receive 2 front number plate. Team riders will receive 1 front number plate each.

THE COURSE

The course will be marked by arrows, signs and bunting. Riders must follow the course and it is the sole responsibility of the rider to stay on the course. A rider who leaves the course for any reason must return to that same point on the course to resume a lap. While on course you must keep going in the direction of the course. If you have a mechanical problem, you cannot retrace your path to get to an assistance area, crossing the timing mats in the process. If you do so, that lap will not be counted.

LIGHTS

At night, you must have a red rear flashing light, a white front light (it's advisable to carry a spare white light or a small torch). You will be advised during the race when you must have lights fitted, and your support crew will be reminded Saturday afternoon by announcements.

ACCESS TO THE COURSE AND TRAILS

All bikes/riders on course must have an event number plate. No-one outside the event is permitted to be on the trails. Spectators can walk to vantage points on course.

Rider Brief

THE PIT LANE AREA

The pit lane area is part of the course. All riders must pass through it every lap. Each rider/team can choose to have a 3m x 6m space where they can place their own support tent/camp. All tent fittings, including ropes and pegs, must be within the allocated area. The rider can only receive assistance from their support crew inside or in front of their allocated pit area, keeping the traffic flow area clear.

WITHDRAWING FROM THE RACE

Riders may withdraw from the race at any time. If they choose to withdraw, they must notify the event staff at the timing tent. A rider who withdraws is not allowed to rejoin or resume the race. They must remove their race numbers and cannot ride on the course for the remainder of the event. If they have completed at least one lap, they will be awarded a race result.

MEDICAL ASSISTANCE

General first aid care during the race is provided by our Medical team. If you are injured and assisted back to the event centre, then your lap will not count. Following treatment, the Race organiser will make a decision on whether you are allowed to continue the race, based on available medical advice.

MECHANICAL ASSISTANCE

Mechanical assistance during the race (repair and material) can be provided from other riders entered in the race while on-course however there is no obligation on a rider to help another rider. The pit lane area is the only area where riders can receive mechanical assistance from MTB Mechanics, their supporters and non-riding personnel. If you have a mechanical problem and continue to walk your bike along the course to the end of the lap, then that lap will be counted. If you shortcut the course to return to the start or are assisted back to the start (crossing the timing mats in the process), then that lap will not be counted and you must commence a new lap from the start when you are ready.

PASSING

Riders walking their bikes must give way to a rider who is riding. If you are walking your bike, make sure you leave plenty of room for those riding to pass. The rider being overtaken has the right of way (unless they are walking their bike) until the overtaking rider is past and clear by one bike length. If you want to pass the rider in front on single track, call out "TRACK". When the rider in front feels it is safe to pass, they will pull over to one side and call "PASS". They may also call out "ON MY LEFT / ON MY RIGHT". Let the rider in front know what you are doing by calling "ON YOUR LEFT / ON YOUR RIGHT". If there will be more than one rider passing, let the rider in front know that as you pass them by calling, for example, "TWO MORE COMING THROUGH". If you do not make this call, the rider in front will assume you have decided not to pass and will return to the centre of the track. The rider in front is under no obligation to let you pass, but slower riders and lapped riders should not delay faster riders unless it is unsafe to let them pass. Remember, if you are the overtaking rider, the conditions you feel are safe may not be considered safe by the rider you want to overtake. They may be less experienced than you, or they may have seen something on the track that you have not. Overtaking is not allowed on bridges or constructed ramps.

FREQUENTLY ASKED QUESTIONS

Q. When do online entries close?

A. Thursday 6 April, 2016 - 23:59hrs

Q. When can I collect my registration pack?

A. Registration is located at the Old Clay Target Range see schedule for registration times

Q. Are late and on the day entries accepted?

A. Yes, there will be a late fee of \$10.

Q. Is camping available Friday, Saturday night?

A. Yes, online payment accepted.

Q. Do I have to ride for the full 24hrs/4hrs/24min?

A. No. The Merida HV24HR, 4hr and Kids 24min races are lap events, meaning you complete as many laps of the course as you are able - or want to - within the 24hr/4hr/24min period.

Q. Where is my timing chip?

A. Timing Chips are attached to the back of your Race Plates. Please ensure your race plate is attached at all times - No race plate, no time.

Q. Where's the Old Clay Target Range?

A. After entering Spicers follow the signage heading out via the dirt road for about 800m.



RACE HQ and KIDS ACTIVITIES

KIDS ACTIVITIES

Kids will have plenty to do with activities including:

1. Jumping Castle
2. Kids Movies
3. Easter Colouring In Station
4. Easter Egg Hunt (Sunday morning)
5. Spicers Hidden Vale Activities - (Pre-booking through Spicers essential: 1300 275 213)

RACE HQ

At Race HQ you will find:

- Food and Drinks
 - Sat Lunch/Dinner, Sun Breakfast/Lunch, Cold Drinks
 - Jungle Bean Coffee
 - Infnit Nutrition
 - Water (There will only be limited water available - Please ensure you bring enough water with you to cover all your hydration needs for the weekend).
 - Undercover Marquees
 - Tables and Some Seating
- Kids Play Equipment
 - Jumping Castle
- Kids Movies
- MTB Mechanic
- Red Bull
- Charge Station
- **Sunday - Easter Egg Hunt!**

Please note that there will be LIMITED TO NO ATM OR EFTPOS FACILITIES available, so ensure you bring enough cash for the weekend!

Many Thanks to Our 2017 Merida HV24HR Sponsors and Partners

